

Song: " Hey Ho...!!!" by Robert Mizzell
Structure: 2 parts, 2 walls, 1 tag (4 counts)

HEY HO...!!!

Neus Lloveras



PART- A (32 COUNTS)

RIGHT KICK - RIGHT HOOCK - RIGHT KICK - RIGHT FLICK

- 1 Kick right forward
- 2 Right cross in front of left leg
- 3 Kick right forward
- 4 Flick right back

RIGHT GRAPEVINE - LEFT STOMP UP

- 5 Step right to the right
- 6 Step left to right side crossing behind right
- 7 Step right to the right
- 8 Step left to right side, stomp up left beside right

LEFT KICK - LEFT HOOCK - LEFT KICK - LEFT FLICK

- 9 Kick left forward
- 10 Left cross in front of right leg
- 11 Kick left forward
- 12 Flick left back

LEFT GRAPEVINE - RIGHT SCUFF

- 13 Step left to the left
- 14 Step right to left side crossing behind left
- 15 Step left to the left
- 16 Step right foot beside left foot rubbing the ground with the heel

RIGHT OUT - LEFT OUT - RIGHT IN - LEFT IN (V)

- 17 Step right forward diagonally to the right
- 18 Step left forward diagonally to the left
- 19 Step right back in left diagonal
- 20 Step left back to right diagonal

RIGHT JAZZBOX - LEFT STOMP

- 21 Right cross in front of left
- 22 Left step back to left
- 23 Right step back.
- 24 Left foot beside right foot

RIGHT MONTERREY

- 25 Open the right leg, marking the tip of the foot
- 26 Turn ½ turn right, step right beside left
- 27 Open the left leg to the left, marking the tip of the foot
- 28 Closed the left leg, putting the foot next to the right

RIGHT HEEL - LEFT HEEL

- 29 Heel right in front
- 30 Right returns to place
- 31 Heel left in front
- 32 Left returns to place

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PART- B (64 COUNTS)

These first 16 times are repeated 3 times (48 counts)

RIGHT STOMP - HOLD - LEFT STOMP - HOLD

1 17 33 Right foot poke on the floor next to the left foot
 2 18 34 Pause
 3 19 35 Left foot on the floor next to the right foot
 4 20 36 Pause

RIGHT FORWARD STEP - LEFT FORWARD STEP - RIGHT FORWARD STEP - HOLD

5 21 37 Right step forward
 6 22 38 Left step forward
 7 23 39 Right step forward
 8 24 40 Pause

TWIST ½ LEFT TRUN - HOLD

9 25 41 Heels on the right
 10 26 42 Heels to the left
 11 27 43 Heels to the right turning ½ turn to the left
 12 28 44 Pause

RIGHT FORWARD STEP - LEFT SLIDE - HOLD

13 29 45 Right foot goes a long step forward
 14 30 46 Left foot sliding forward
 15 31 47 Left foot sliding next to right foot
 16 32 48 Pause

These 16 times are part of the 64 total times of part B

RIGHT WIFE

49 Step right to right
 50 Step left to right side crossing behind right leg
 51 Step right to right
 52 Step left to the right crossing in front of your right leg

RIGHT ROCK STEP WITH ¼ RIGHT TURN - RECOVER LEFT - RIGHT STEP WITH ¼ RIGHT TURN - LEFT STEP

53 Step right to right turning ¼ turn right, all the weight on this foot
 54 Recover the weight on the left foot
 55 Step right to right, turning ¼ turn more, to the right
 56 Step left to the right, next to the right foot

RIGHT MAMBO RECOVER - HOLD

57 Step right to right
 58 Recover the weight on the left foot
 59 Step right to left side, next to left foot
 60 Pause

LEFT MAMBO RECOVER - HOLD

61 Step left to left
 62 Recover the weight on the right foot
 63 Step left to the right, next to the right foot
 64 Pause

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TAG

STOMP RIGHT - HOLD - STOMP LEFT - HOLD

- 1 Stomp right next to left
- 2 Pause
- 3 Stomp left beside right foot
- 4 Pause

SEQUENCES:

1. A=32
2. A=32
3. B=64
4. A=32
5. A=32
6. A=32
7. B=64
8. A=32
9. A=32
10. B=64
11. B=64
12. B from time 49 to 56 + 4 time of TAG + the remaining time of part B, from 57 to 64
13. A=32
14. A=32 (FINAL) The heels are not made and in the place a rock is made back with the right, stretching the left, return the weight to the left and poke with the right a little more strenuously than the left foot, and pause.